Appendix A: Computer Anxiety Scale and Attitudes toward Computers Scale

1. Computers do not scare me at all.

2. Computers make me feel uncomfortable.

3. I am afraid I may damage the computer.

4. I do not feel threatened when others talk about computers.

5. I feel helpless around computers.

6. I feel apprehensive about using a computer.

7. I am not afraid to take computer courses.

8. I hesitate to use a computer in case I look stupid.

9. I hesitate to use a computer for fear of making mistakes that I cannot correct.

10. I believe computers are important in today's world.

11. I will do as little work with computers as possible.